

Negative

from TheQuizzyAddict

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Introduction

This is a poem about negativity. The poem describes how I feel a lot of the time so please no hate. This is very tough for me. If anyone else is going through this then please remember that you are not alone and that it will get better someday ?

Chapter 1

It swirls around my head all day
It won't go away
All it will do is stay
Even when asleep I lay

It will never leave me alone
It has the harshest tone
All it does to me is moan
Just like a repeating drone

I try to think like Positive
But Positive won't live
So instead of Positive
Comes the dreadful Negative

Negative keeps haunting me
It won't let me be
Why can't I be free without
Negative screaming at me