

# **Hidey-Hole \*\*POEM\*\***

**from Shygirl**

online:

**<https://www.allthetests.com/fan-fiction/poems/quiz39/167863507>**

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# Introduction

It's Shygirl again. It's been a little longer than I would have liked, but I want to let you know that you are loved and wanted by me (at least) x

-Shygirl

# Chapter 1

Hidey-Hole:

When the going gets too tough,  
When the people get too rough,  
When the intrusive thoughts are too strong,  
When I can no longer hold on,

I go to my hidey-hole.  
Where it no longer feels cold.  
Where I can scream and shout  
And just let it all out.

It's taken me long to find  
Because I was held back by my mind.  
But it was worth it in the end.  
Because the anxiety relents.

I no longer attempt to die  
Or try and hide when I cry.  
Never again will I lose a fight  
To the feelings that kept me up at night.

I've risen above them now  
And I am really truly proud.  
Until I remember the time I missed out  
And then comes the self-doubt.

Am I really over this?  
Can I be proud of my wrists?  
Am I really in control?  
What even is my goal?

Number 1: Yes I am.

Number 2: Of course I can.

Number 3: Who else could be?

Number 4: To save somebody.

Look, I know it's tough.  
It's taken a while to experience self-love.  
But in my heart, I know you can.  
I'm here for you, understand?

Come inside my hidey-hole.  
Freak out, cry, then regain control.  
You're the one in charge, nobody else.  
Find your little hidey-hole and take care of yourself.

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